

Information about Expanders

1. Once your expander is placed, it may be a little difficult to talk and/or swallow. Don't worry. Once your tongue and mouth get used to it being there, your speech and swallowing will again become normal.
2. Once the expander starts working, you may feel a little pressure near your upper teeth. This light pressure is normal and is to be expected. It is typically very temporary in nature.
3. It is likely you will see a space open up between your upper front teeth. This response is also expected because of the expander and often the space will close back up on its own over time. If not, Dr. Bomeli can address the space several ways when it is appropriate. Those ways will be discussed as necessary.
4. Very rarely patients may experience an increase in frequency of nosebleeds while the expander is being used. If you experience an increase in the number of nosebleeds you have, please let Dr. Bomeli know as soon as possible.
5. After Dr. Bomeli has finished actively using the expander to widen your upper jaw, it must stay in your mouth for an additional 3 to 4 months to ensure that your jaw does not narrow once again.
6. If your expander has a key that must be turned, please follow the instructions provided by Dr. Bomeli and The Solon Orthodontics Team to ensure that your teeth move most efficiently and appropriately.
7. If you have any additional questions or concerns regarding your expander, please call our office and we will be happy to assist you.

Thank you!

Dr. Bomeli and The Solon Orthodontics Team

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